

FLYING & BREASTMILK

FACTS



Breastmilk does NOT need to be poured out and is allowed even without your child present



Breastmilk does NOT go by the 3 ounce rules (you can save in 3 ounce bags to be safe,



Ice packs must be investigated if slushy, gel ice packs are better



Breast pumps are considered medical devices per the FDA & do NOT count as a carry on or personal item



Frozen milk can be visually examined, Milk does not need to be X-rayed, they may want to test thawed milk for explosives you are allowed to deny. Look up the FAM Act as well!

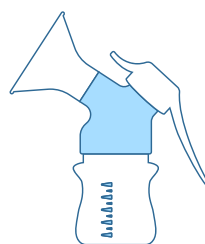
TIPS



Print your TSA rights to bring to the airport



Use the word "Medical" referring to the pump device and breastmilk



Let TSA know before Xray that you have a pump and milk



Give yourself extra time to get through Security



Ask TSA to use fresh gloves when examining milk and pump



International travel: call the consulate of your destination to know their regulations